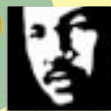




Department of Community and Human Services

2006 Annual Report



King County



King County

MESSAGE FROM RON SIMS, COUNTY EXECUTIVE

I am pleased to present the 2006 Annual Report of the King County Department of Community and Human Services.

In so many ways, the department and their community partners reach out to provide services that help people of all ages achieve and maintain healthier and more productive lives. I am especially proud of their efforts to improve the quality of life for our most vulnerable residents, including:

- Creating safe, affordable housing for individuals and families, homeless people, and those with special needs. Working with many regional partners, King County is providing oversight and leadership to implement the Ten-Year Plan to End Homelessness, striving to build housing and improve access to the supportive services that will bring us closer to our goal of ending homelessness in King County.

- Creating education, training and employment opportunities for low-income and disadvantaged youth and adults to help young people gain an education and marketable skills; help adults learn new industries and achieve living wage jobs; and open doors to employment for people with disabilities.

- Developing alternatives to detention and jail through innovative programs that are helping youth and adults connect to the treatment, housing, and employment services they need to turn their lives around and regain hope for the future.

I commend the Department of Community and Human Services, and the entire human services community, for programs and services that are not just helping individuals achieve a better chance for health and success, but also improving and strengthening the quality of life in all our communities.

Sincerely,

Ron Sims



LETTER FROM JACKIE MACLEAN, DIRECTOR

The Department of Community and Human Services collaborates with many regional partners to help low-income individuals and families lead healthier lives in their communities. We strive to make wise use of our resources to achieve the best possible results for our clients and communities. We had several major achievements in 2006:

- Approval of the Veterans and Human Services Levy Service Improvement Plan in fall 2006, establishing the priority populations and key investment strategies for expenditure of levy funds, and allowing us to move forward with development and implementation of service delivery plans in 2007.

- Completion of the first phase of the Greenbridge redevelopment in White Center, opening the doors to 82 affordable homes, with more to follow.

- Completed the first of a three-part action plan to reduce involvement of people with mental health and substance abuse problems in the criminal justice systems.

- Collaborated with Seattle, United Way, the Seattle and King County housing authorities, and the Committee to End Homelessness in King County to offer the first ever combined Notice of Funding Availability to coordinate funds for homeless housing and supportive services.

Certainly, 2007 will bring challenges. We will continue our efforts to create housing and supportive services to prevent or reduce homelessness. We will continue to work to improve linkages to mental health and substance abuse services for people involved in the justice system. We will work with our many partners and the new levy advisory boards to prepare thoughtful and creative plans to expend levy dollars in ways that will truly improve and strengthen the lives of veterans and their families and others in need. Finally, we will seek and employ best and promising practices in all that we do.


I am proud to present this 2006 Annual Report. Thank you for your support.

Jackie MacLean



DEPARTMENT OF COMMUNITY AND HUMAN SERVICES MISSION

TO ENHANCE THE QUALITY OF LIFE, PROTECT RIGHTS, AND PROMOTE THE SELF-SUFFICIENCY OF OUR REGION'S DIVERSE INDIVIDUALS, FAMILIES, AND COMMUNITIES.



Bill Block (center), Project Director, Committee to End Homelessness in King County, prepares to join the one night street count of homeless people.

SERVICE PRIORITIES

**PREVENTION AND EARLY INTERVENTION STRATEGIES – ENDING HOMELESSNESS --
JUSTICE SYSTEM ALTERNATIVES – EDUCATION AND EMPLOYMENT**

The Department of Community and Human Services provides a wide range of services to help people and communities, but has identified four areas for special focus: prevention and early intervention strategies, ending homelessness, justice system alternatives to incarceration, and job training and employment to achieve self-sufficiency.

The department has chosen these focus areas in order to help those most in need to achieve an improved quality of life and hope for the future.

Tackling these priorities in ways that are coordinated, innovative, creative and effective is the goal of DCHS. This 2006 annual report offers examples of programs and services working to

help people find and keep safe and affordable homes, access treatment services and reduce their involvement in criminal justice systems, and achieve and maintain success in school, at home, and in the job market.

But to really show how these programs are changing lives, we are grateful to the people who have offered to share their stories in this report - people from our neighborhoods and communities who have overcome poverty, abuse, addiction, disabilities, homelessness, unemployment and uncertainty, and despite extraordinary challenges, have moved their lives forward with dignity, determination and courage.



DEPARTMENT OF COMMUNITY AND HUMAN SERVICES - INTRODUCTION

The Department of Community and Human Services (DCHS), either directly or via contracts with community-based agencies, provides a broad array of programs and services to help low-income and special needs residents of King County. These include: affordable housing development, community improvements, crisis response, mental health and substance abuse treatment, violence and substance abuse prevention, indigent legal defense, education and work training programs, job placement services,

youth and family services, senior services, early intervention services for infants and toddlers with developmental delays, employment and family support services for people with developmental disabilities, information and referral services, aid to survivors of domestic violence and sexual assault, homeless prevention services, home repair assistance for low-income or disabled people, and veterans services.

ADMINISTRATION

DCHS is responsible for strategic planning, alignment with other

county departments, policy implementation, fiscal management, contract oversight, and provision of the majority of King County's housing and human services programs.

King County and DCHS have assumed a strong leadership role in coordinating a broad range of services that help the county's most vulnerable and troubled residents achieve stability, improved health, a higher quality of life and increased self-sufficiency. DCHS collaborates with many partners to support the region's human

services infrastructure, including local, state and federal governments; public and private agencies; businesses and employers; United Way of King County and other foundations; housing developers; faith communities; criminal justice agencies; schools; and many others.

DCHS is responsible for development and implementation of state and federally funded countywide service systems for mental health, substance abuse, and developmental disabilities. In other areas of human



Classroom instruction helps vets and other adults prepare for jobs in today's marketplace

services, DCHS plays an important role in helping to identify regional needs and joining its partners in providing financial support.

DCHS provides coordination for the Committee to End Homelessness in King County (CEHKC) and leadership in the implementation of the Ten-Year Plan to End Homelessness. Staff for the CEHKC are stationed in DCHS and oversee the committee's work.

Another area of responsibility is

ensuring that low-income residents faced with criminal charges have access to quality public defense services through the Office of the Public Defender.

In addition to its regional responsibilities, King County is the local government for the 360,000 residents of its unincorporated areas. DCHS serves an important role, providing support to the unincorporated areas and offering an important link between those communities and county government.



Seniors potting flowers. Photo courtesy City of Pacific, Senior Center.

FINANCE

DCHS managed a total final 2006 budget of over \$287 million. Funding to support programs and services comes from multiple sources, including the federal government, the state of Washington, King County, local cities, and public/private foundations. The department works hard to leverage other dollars with county funds. For every county dollar that DCHS devoted to human services in 2006, the department was able to obtain an additional \$3.73 from external sources.

Over 79 percent of all funds are contracted to community based agencies; 12 percent supports direct services provided by DCHS staff; and nine percent funds department administration.

2006 Adopted Budget – Revenue Sources

	Current Expense/ Children & Family Services Set Aside	Dedicated Property Taxes	State/ Federal/ Grant/ Other *	2006 Total Revenues
Community Services Division	\$ 22,275,852	\$ 2,439,100	\$ 38,528,216	\$ 63,243,168
Community Services	\$ 13,550,626			\$ 13,550,626
Housing Opportunity Fund	\$ 7,011,414		\$ 6,510,000	\$ 13,521,414
Housing & Community Development			\$ 18,914,586	\$ 18,914,586
Work Training Programs	\$ 1,713,812		\$ 6,192,557	\$ 7,906,369
Dislocated Worker Program			\$ 6,911,073	\$ 6,911,073
Veterans' Program		\$ 2,439,100		\$ 2,439,100
Veterans & Human Services Levy**				
Developmental Disabilities Division		\$ 2,954,875	\$ 17,751,021	\$ 20,705,896
DCHS Administration	\$ 764,900		\$ 1,252,777	\$ 2,017,677
Mental Health/Substance Abuse Division	\$ 4,858,701	\$ 2,431,203	\$ 117,814,410	\$ 125,104,314
Mental Health	\$ 1,646,621	\$ 2,431,203	\$ 96,732,520	\$ 100,810,344
Alcohol/Chemical Abuse	\$ 3,212,080		\$ 21,081,890	\$ 24,293,969
Human Services Sub-Total	\$ 27,899,452	\$ 7,825,178	\$ 175,346,424	\$ 211,071,054
Office of the Public Defender	\$ 33,643,297		\$ 3,273,897	\$ 36,917,194
TOTAL	\$ 61,542,749	\$ 7,825,178	\$ 178,620,321	\$ 247,988,248

*Other sources of funding direct to King County such as fees, fund balance, contributions from other funds, interest income.

**Levy revenue began in 2006 but Veterans and Human Services Levy revenues were not part of 2006 Adopted Budget.

VETERANS AND HUMAN SERVICES LEVY

King County voters said “yes” to a ballot measure in 2005 that will generate over \$13.3 million annually for six years. Half of the revenues will fund services for veterans, military personnel and their families and the other half will fund a range of regional health and human services to help others in need.



Veterans attend annual meeting to discuss issues and service needs

To begin implementation, the Metropolitan King County Council approved an ordinance in April 2006 that provided guidance and timelines for levy implementation, clarified roles for two new citizen oversight boards, called for an examination of priorities and policies for human services supported by county funds, and required development of a Service Improvement Plan to identify priority

populations and investment areas for levy expenditures.

The plan, prepared by DCHS and approved by the council in 2006, identifies four target populations:

- 1) veterans, military personnel and their families in need
- 2) individuals and families who experience long-term homelessness
- 3) individuals recently released from prison or jail
- 4) families and young children who are at risk for homelessness or involvement in justice or other systems.

The five overarching investment areas are:

- 1) enhancing services for veterans and their families
- 2) ending homelessness through outreach, prevention, permanent supportive housing and employment
- 3) increasing access to behavioral health services
- 4) strengthening families at risk
- 5) increasing effectiveness of resource management and evaluation.

Some levy funds were expended in 2006 to expand the current veterans' program. Other efforts in 2006 focused on identifying citizens to serve on the two advisory boards and beginning to develop procurement plans to expend levy dollars and begin services in 2007.

UNINCORPORATED AREA COUNCILS

King County serves as the local government for the residents of the unincorporated areas – the rural and urban parts of the county not included in the boundaries of any city. Unincorporated Area Councils (UACs) are independent entities formed to improve communication between county government and the residents of the unincorporated areas. Each council is a volunteer organization with a board elected by the area residents.

King County has six officially recognized UACs:

- Four Creeks Unincorporated Area Council
- Greater Maple Valley Area Council
- North Highline Unincorporated Area Council
- Upper Bear Creek Community Council
- Vashon-Maury Island Community Council
- West Hill Community Council

Community service representatives - DCHS staff - serve as liaisons between the unincorporated area councils and county government. They attend community meetings, arrange for briefings from county staff on a wide variety of issues, and provide other support and assistance.

An annual meeting with King County leadership and a joint community meeting are held each year to bring together the leadership of all six UACs and the residents of the unincorporated areas to discuss issues of interest and concern with the county executive and senior staff. The annual forum is one of many ways the county works to gather and share information with residents of these communities.



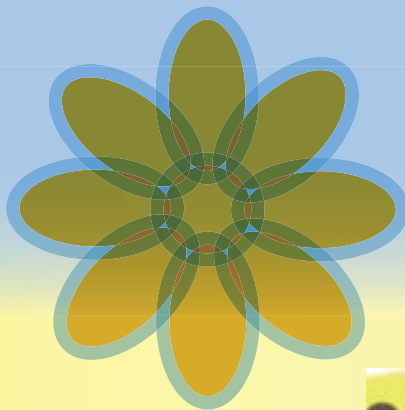
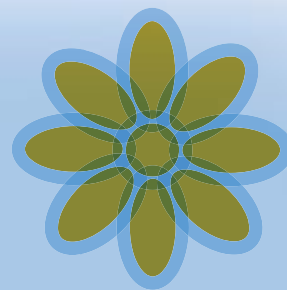
Executive Sims' 2006 joint annual meeting of unincorporated area councils. From left, Dick Bonewits, Greater Maple Valley Area Council; Tom Carpenter, Four Creeks UAC; the late Steve Cox (standing), North Highline UAC; Geoff Clayton, Upper Bear Creek Community Council; Kirsten Wilhelm, West Hill Community Council; Jim English, Vashon-Maury Island Community Council.



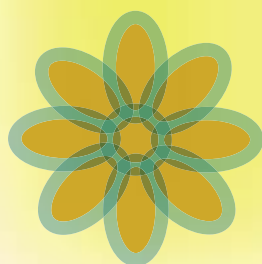
EDUCATION AND EMPLOYMENT

Alonzo heard about YouthBuild from his probation counselor. At the time he joined the program, Alonzo was on probation, trying to stay sober, and trying to find stable housing. Like many foster youth, Alonzo had fallen behind in high school credits, due to moving around, and was looking for a way to complete his high school education and enter college. After joining YouthBuild, Alonzo maintained nearly 90 percent attendance, completed his GED and is working on earning high school credits to achieve his diploma. Today, Alonzo is off probation, able to rent his own place, and on track to earn his diploma in June. He is preparing to go to college in the fall.

"[YouthBuild] has been good. It gave me a chance to do what I wanted with my education and helped me build the skills I need to get a good paying job and go to college."



Pierre dropped out of high school several years ago. Over the years, he faced many barriers and distractions and struggled to stay focused on education and employment. He was introduced to the idea of returning to school by a social worker in the King County Work Training Program. There he received individualized counseling to help him identify his own education and employment goals. Through participation in the Work Training Program, Pierre not only pursued his education, but was also able to learn about the construction field and develop work readiness skills. He recently graduated and is exploring vocational and post-secondary options. He will register for classes at Renton Technical College in the fall to pursue courses directly related to the Pipetrades apprenticeship program, to which he has applied. Pierre has made very positive changes and plans to make education a life-long commitment.





DEVELOPMENTAL DISABILITIES

Providing access to early intervention services for infants and toddlers with developmental delays and creating opportunities for employment in adulthood are just two of the ways that the Developmental Disabilities Division (DDD) is working to improve the lives of people with developmental disabilities and strengthen their families.

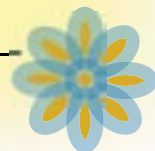
Birth to Three Services: For children with special needs under the age of three, early intervention services can make all the difference in helping infants and toddlers prepare for school and interaction with their peers. King County contracts with agencies countywide to provide a range of child development and therapy services designed to fit into the child and family's daily activities and routines. Services may occur in the home, a child care center or other community settings. In 2006, DDD kicked off new contracts with the Seattle and Kent public school districts to administer early intervention services for children in those districts. Birth to three services were provided to 1,875 children in King County in 2006.

Supported Employment: King County is proud to be a national leader in creating supported employment opportunities for people with developmental disabilities, thanks to a strong network of dedicated employment provider agencies and community employers across the region. King County DDD is dedicated to the Working Age Adult Policy that seeks to help every person of working age to achieve skills training and employment opportunities in their communities.

In 2006, King County assisted 2,096 people achieve and maintain individual supported employment in a wide range of industries, as well as prevocational training, group supported employment, and community access programs. To help transition young people from school to adult life and employment, DDD worked with 12 different school districts in a collaboration with the King County Work Training Program to create employment opportunities for 70 students.

Family Support: Working with the developmental disabilities community, particularly the Arc of King County, the King County Parent Coalition and local agencies and partners, DDD provides ongoing training, education, recreation, support groups, information and referral, transportation assistance, and family resource coordination. For the 17th straight year, the Parent Coalition and the King County Board for Developmental Disabilities joined to sponsor a legislative forum that drew a fabulous crowd of more than 30 legislators and over 500 residents to discuss the issues of greatest concern to the community.

Brian Michael enjoys the annual Parent Coalition family picnic.



EDUCATION AND EMPLOYMENT - SCHOOL TO WORK PROGRAM

Chris

Employment Provider: At Work!
Job: Recycling Specialist
Employer: Costco Headquarters

Chris tackles everything with enthusiasm and a huge smile. He was successful in an earlier position with a local production facility and is now employed at Costco Headquarters. Chris is part of the recycling team and moves between three large office buildings without missing a beat. His supportive employer is currently doing the paperwork to add Chris to their payroll when the school program ends! Everyone is proud of Chris and his accomplishments.



Heather

Employment Provider: Eastside Employment
Job: Clerical Support
Employer: Children's Hospital

Heather's enthusiasm has allowed her to explore various career avenues. she has trained in positions working with children, merchandising in a retail store, working as clerical support in different small offices, and assisting in a fitness club. She has recently been hired by Children's Hospital and will be starting her new job very soon. Her energy and enthusiasm are the keys to her success.



COMMUNITY SERVICES DIVISION

The **Community Services Division** provides a wide range of services to improve the lives of children and at-risk youth, seniors, veterans and their families, people who are homeless or at risk of homelessness, survivors of abuse, and people needing education and job training to be competitive in today's job market.

Aging Program works with a network of senior centers and agencies to help adults age 55 or older maintain their independence through health services, information and referral, exercise and social activities, transportation, and other supports. Over 22,700 people participated in county-sponsored programs and activities and over 420 participated in adult day health programs.

Community Organizing Program awarded \$75,000 in mini-grants to mobilize local substance abuse and violence prevention programs and involved more than 38,278 residents in local events. As co-convenor of the King County Meth Action Team, they are working with the King County Sheriff's Office to reduce methamphetamine use and production in King County.

Housing and Community Development

works closely with developers, financial institutions, local housing authorities, cities, community groups, nonprofits and the faith community to build or preserve safe and affordable housing and improve the livability of low-income neighborhoods. Together with their partners, they:

- Funded 430 housing units for very low to moderate-income households in King County, primarily those at or below 30 percent of area median income (\$21,050 annually for a family of three)
- Repaired 406 homes owned by very low to moderate-income households to improve safety or accessibility
- Created 186 additional units through master plan development, incentives and surplus property programs.
- Helped 272 households prevent homelessness, with 94 percent still housed six months after receiving help
- Provided 487 permanent supportive housing units for homeless people with mental illness, chemical dependency or AIDS



YouthBuild students learning the construction trades on the job

- Provided 139,137 bed nights of emergency shelter, as well as 174,015 nights of transitional housing
- Offered essential services to 59,510 people needing food, clothing, child care, job training, and other help
- Opened 10 community facility projects, with eight more in progress
- Completed six public infrastructure projects to improve low to moderate income communities, with 10 more in progress.

Veterans' Program assisted 2,245 low-income veterans and their families, providing

financial aid, mental health and trauma counseling, short and long-term housing, vocational and employment assistance, and other supports. The program was able to increase services to veterans and their families, thanks to additional funding from the Veterans and Human Services

Levy. The Veteran's Reintegration Project, a national model for jail intervention services, served 300 veterans, providing stable housing, treatment and other supports upon discharge from jail.

Women's Program helped 3,702 survivors of domestic violence and 3,718 survivors of sexual assault by providing connections to crisis intervention and referral services, counseling, emergency shelter and transitional housing. Service providers helped survivors prepare personal safety plans and build coping mechanisms to deal

with trauma issues.

Youth and Family Service Agencies helped at-risk and juvenile justice involved youth reconnect to school and family through school-based case management, gang intervention, individual and family counseling, drug prevention, treatment, and education and employment programs. With county support, network agencies helped 16,523 youth and their families, reporting that 76 percent of youth involved in intervention programs decreased their involvement in the juvenile justice system. They provided 16,869 bed nights of shelter for youth.

Work Training Programs create collaborations and partnerships with community agencies, schools, businesses, and local cities to provide education and job training services to low-income and disadvantaged youth and adults across King County.

• YouthSource, a comprehensive employment and education program to help low-income and juvenile justice involved youth get their lives on track, helped 1,114 youth ages 12-24 in 2006. Programs include the nationally recognized YouthBuild, combining classroom instruction with on-the-job training in the construction trades and Digital Bridge Technology Academy,

offering education and training in computer technology. New Start in White Center helps justice or gang-involved youth to finish high school and build job skills, while fostering a sense of community through creative service projects. The Out of School Youth Consortium reaches out to teens who have dropped out of school, working to engage



Opened in 2006 and supported with funding from King County, Plymouth on Stewart provides housing and supportive services for formerly homeless people with mental illness. Photo courtesy Plymouth Housing Group



White Center Food Bank, relocated and expanded, thanks to King County's CDBG program

them in education and career building programs.

• Dislocated Worker Program provided employment training and counseling to over 1,700 adults in 2006, placing 82 percent in



employment with an average hourly wage of \$18.91.

• WorkSource Renton is the largest “one-stop” employment center in Washington, recognized for innovative employment services and strong employment networks. More than 30,574 customers walked through the WorkSource Renton’s doors in 2006 to talk with career counselors and job developers or use the computer center. A variety of services are provided

for both employers and prospective employees.

King County Jobs Initiative (KCJI) builds careers and financial independence for low-income residents. The program helped 166 people in 2006 find jobs, with an average wage of \$13.66 and an overall one-year job retention rate of 93 percent. Clients are primarily residents of color (91%), residents of south King County (99%), and very low-income (90%).



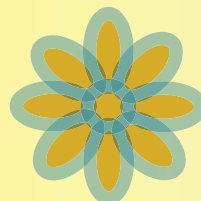
*Top: “YouthBuild’s partnership with Habitat for Humanity has benefited over 18 families in the Seattle area and continues to be a positive model for youth engagement and community development.”
- Dorothy Bullitt, Executive Director, Habitat for Humanity-Seattle/South King County*

Bottom: Domestic violence awareness rally at Westlake Mall

ENDING HOMELESSNESS

The South King County Pilot Project brings together funders and service agencies to provide permanent supportive housing for single adults who suffer from chronic untreated health, mental health and substance abuse conditions.

“A” had been homeless for about three years, mostly camping out in the woods. A military veteran, he maintained a life and family until the end of his marriage, which led to a spiral into drugs and homelessness. He managed to get clean and sober but was unable to work, due to a physical disability and mental health challenges. Even when housed, he would sometimes pitch his tent in his living room in order to feel “safe.” Once set up in an apartment, his mental health issues really began to surface but working with his treatment team, he is beginning to be able to face these issues and deal with them. He has expressed how happy he is to have a new chance at life, and a desire to help others do the same.



“B” had been homeless many times, for several years at a time. He was distrustful and leery of accepting help. He had severe health issues including emphysema and chronic inebriation, and a very difficult time getting around. Once his housing in the project was approved, the treatment team went to locate him, but it took several days before they found him asleep under the Renton library. When the Housing First worker handed him his new apartment keys his eyes became teary, and he said that he had not had his own key in nine years. The first thing he did after moving in was to purchase a key chain. This client has warmed up to the point of suggesting he may be interested in seeking psychiatric help - a huge leap from where he started. He keeps his apartment immaculate and is very thankful to have a place to call home.

Youth Resiliency Camp, sponsored by the Alcohol and Other Drug Prevention Program, offering cultural awareness and recreational activities as well as alcohol and drug prevention, diabetes prevention, nutrition and other health education for Native American/Alaska Native children and youth ages 0 to 18. Photo courtesy Boys & Girls Club of King County



MENTAL HEALTH, CHEMICAL ABUSE AND DEPENDENCY

The Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) is responsible for managing the publicly funded mental health and alcohol/drug abuse prevention and treatment systems. The majority of services are provided to residents in need through contracts with community-based mental health centers, substance abuse treatment agencies, or alcohol and other drug prevention organizations. Direct services to area residents provided by

county staff include 24-hour mental health crisis outreach and investigation for involuntary commitment or hospitalization, mental health client services, public inebriate outreach and triage, investigation for involuntary detention under state chemical abuse statutes, and community education and public awareness activities.

Mental health services include individual, group and family therapy; case management; crisis

intervention; vocational and employment services; medication management; and assistance with housing and other supports. Mental health services were provided to 35,079 people, including 9,906 children, 20,545 adults and 4,628 older adults. More than 80 percent of those served in the mental health system were enrolled in Medicaid.

Mental health crisis outreach and involuntary treatment services are provided by Designated Mental

Health Professionals, who conducted 1,826 initial crisis outreaches in 2006 and 5,795 investigations for involuntary detention. MHCADSD contracts with the Crisis Clinic to provide a 24-hour telephone crisis response line. In 2006, Crisis Clinic responded to 95,534 calls requesting information, crisis counseling and referrals to community treatment.

Focus on Recovery: MHCADSD focused on implementation of its Mental Health Recovery Plan,



Attending the 2006 Mental Health/Substance Abuse Legislative Forum: Sen. Ed Murray (43rd); Rep. Shay Schual-Berke (33rd); Rep. Joe McDermott (34th); Rep. Jamie Pedersen (43rd); Rep. Mark Miloscia (30th); King County Councilmember (and keynote speaker) Bob Ferguson (Dist. 1); Rep. Roger Goodman (45th)

approved by the King County Council in 2005, that embraces the idea of helping people with mental illness achieve fuller and more independent lives in the community. Recovery focuses on a person's strengths rather than symptoms and seeks age-appropriate goals. The 2006 report card showed improvements in the rate of paid employment and age-appropriate activity

over the year.

Criminal Justice Initiatives screen and assess inmates in the county's jails to determine the need for mental health or substance abuse services, working to link individuals to the treatment and other services they need, in the jail and upon release. The goals are services that are coordinated, efficient and effective and that reduce jail time and

rates of re-offending. The program works with local courts, Community Corrections, treatment providers and other partners (page 16).

Substance abuse services include detoxification, outpatient treatment (including opiate substitution), residential treatment services, employment and vocational assistance, and housing assistance. A total of 11,485 people received services in 2006, including 1,047 children and youth and 10,438 adults. The Alcohol and Drug 24-Hour Help Line, under contract with the county to assist people with information and referral, fielded 10,300 calls from residents requesting assistance.

The Emergency Services Patrol works primarily with the chronic inebriate

population in Seattle's downtown core, providing triage care and 13,749 transports in 2006. The Dutch Shisler Sobering Support Center provides a safe place to recover from acute alcohol or drug intoxicification. The center served 2,175 people and tallied a total of 18,464 admissions to the facility.



King County Executive Ron Sims joins the NAMI Washington "Walk for Mental Health" at Magnuson Park. From left, Joyce Stahn, former president, NAMI-Greater Seattle Board of Directors; Dave Murphy, MHCADSD; Executive Sims

ALCOHOL AND OTHER DRUG PREVENTION PROGRAM

In January 2006, MHCADSD was pleased to welcome the Alcohol and Other Drug (AOD) Prevention Program to the division, and in so doing, broadened its continuum of services for youth and adults involved, or at risk of involvement, with substance use and abuse.



Alcohol and Other Drug Prevention Program contracts with the Center for Human Services as Partners in Prevention, offering opportunities for youth involvement in projects such as this bus shelter painting project completed in June 2006 by the YWCA Shoreline Youth Council

During 2006, the AOD Prevention Program contracted with 16 agencies to support individuals, families, schools and communities to raise healthy, drug-free children and youth. These community-based agencies delivered 16 evidence-based programs such as life skills, mentoring and parenting training and four innovative programs in areas like leadership-building and media and technology. The AOD program reached a total of 2,407 unduplicated participants: 35 percent were children under age twelve; 47 percent were youth ages 12 through 20; and 18 percent were 21 years old and older. Services reached diverse groups, including ethnic and racial minorities, gender-specific groups, gay/lesbian/bisexual/transgender populations, and rural residents. Among their accomplishments in 2006 were public awareness activities around Alcoholism and Drug Addiction Recovery Month, and beginning work on the six-year county strategic plan related to prevention, intervention, treatment and recovery services.

INTERVENTION STRATEGIES

EXPANDING COMMUNITY SERVICES PROGRAM

Charles spent four years confined to Western State Hospital. His illness made it difficult for him to obtain services outside of the hospital environment. But that changed, thanks to an innovative program offered by Highline West Seattle Mental Health called Expanding Community Services (ECS).

A year ago, Charles became a participant in ECS. The program helps people with severe and persistent mental illness to transition from the hospital environment into the community. Now, Charles lives in a home provided by ECS, where he receives services and support every day from Highline West Seattle's team of multi-service providers.

Today, Charles works full time at an electronics store and enjoys going to movies and sporting events on the weekends. He credits the ECS program for the many positive changes in his life. Charles says with a smile, "I'm a free man here."

Highline Village Town Homes in West Seattle, housing residents of the Expanding Community Services Program. Photo courtesy Highline West Seattle Mental Health Center



JUSTICE SYSTEM ALTERNATIVES

COMMUNITY INTEGRATION ASSISTANCE PROGRAM

King County is the recipient of a state grant to provide intensive case management, housing and other supports to individuals released from state prisons to help them to be successful in the community and prevent re-offending. Sound Mental Health (SMH), formerly known as Seattle Mental Health operates the program, under contract to King County.

Ms. A was referred to the mentally ill offender transition program from the women's prison. Although she has schizophrenia with a serious drug addiction, she had no history of connecting with any treatment services. Most of her life was spent on the street making money from prostitution. Upon first entering the program, she relapsed numerous times, lost multiple housing placements and was sporadic in attending treatment. Eventually, she was housed in a SMH Supportive Living House, where she was assisted with mental health and chemical dependency services, as well as living skills. Staff was available 24/7 to help with crisis situations or just to talk. Three years later, Ms. A remains clean and sober, still residing in the same house and connecting to treatment on a daily basis. She has given up prostitution and has **not been** in jail or hospitalized.



Mr. C was released from prison without medication and within a few hours was drunk. While waiting at a bus stop to return to Seattle, he assaulted and attempted to rape an elderly person and was recharged, found guilty and sent back to prison, his second charge of serious assault and attempted rape. Towards the end of this new term in prison, he was referred to SMH. They did pre-release work with him and prepared a coordinated discharge plan with the Department of Corrections. Five years later, Mr. C has successfully finished his program, and opted to remain in services. During the five years, he returned to school to complete his GED and then his AA at community college. He is in permanent housing, completed sex offender treatment, chemical dependency treatment and maintains stability around his mental health issues. While continuing to attend services, he has become a mentor to new clients. He always had a love of words and reading. Initially, he began journaling for his case-manager and therapist, progressing to writing short stories that he would share. Recently he wrote an article on racial discrimination and submitted it to his college newspaper.

JUSTICE SYSTEM ALTERNATIVES

CRIMINAL JUSTICE INITIATIVES

MHCADSD implemented a range of programs and services in 2003 and 2004 to help people in the criminal justice system with unmet treatment needs connect to mental health and substance abuse

services, stable housing and other supports. The justice initiatives are achieving success in reducing criminal justice costs and recidivism, and more important, helping people get their lives on track.

“C” reported to the King County Community Center for Alternative Programs (CCAP) for an intake appointment in November 2006. At that time, he was partially confined to King County Work Release, sentenced to 365 days following a conviction of Criminal Trespass and ordered to participate in Intensive Outpatient Treatment for chemical dependency. “C” successfully completed the treatment program and following a court review, was released from Work Release. “C” is currently doing very well in outpatient treatment and is viewed as a positive influence in both the treatment and classroom settings where he is open and honest with peers about his struggles with addiction. “C” has made strong positive changes in his life. He has reunited with his family and has a job with a local retail outlet, where he is viewed as a valuable employee and trusted friend by his employer. “C” continues in CCAP and reports every Friday to complete his treatment. Since beginning with CCAP, “C” has never been late and has remained in full compliance, including no indications of any substance use.

T. K. returned from college after one quarter of his freshman year a “changed man” according to his family. He spoke to his family of bugs tormenting him, and he eventually physically assaulted his father. Referred to Project Start, a co-occurring disorders treatment program operated by Sound Mental Health, he received a diagnosis of schizophrenia and was started on antipsychotic medicine. His family has been very supportive with his recovery efforts and recognizes a positive change in their son’s outlook. “Our son interacts with the family more than he has in years and no longer expresses anger towards [his father],” his mother recently reported. She went on to say, “Thanks for helping get my ‘old son’ back!”

Ms. B is a woman in her late 30s. She began using alcohol and crack cocaine at age 14. Her mother was alcoholic and suffered from schizophrenia. Her father sexually molested her from age 5 to age 11. Both parents were emotionally abusive, telling her, “You’ll never amount to anything.” Ms. B. began a life on the streets, with drug use, sales and prostitution. She has two sons, a teenager now in prison and a younger son age 5. She gave custody of her son to her sister during her prison involvement. Ms. B. was in prison six years for selling cocaine, and then went back twice more for robbery and drug abuse charges. Late in 2006, Ms. B joined the IMPACT program operated by Community Psychiatric Clinic (CPC) and began to turn her life around. She made a commitment to sobriety, working hard with her case manager and attending treatment groups and alcoholics anonymous meetings. She began to attend church regularly, building connections to peers in her treatment group, the recovery community, and through church. She established visits with her son and took parenting classes, eventually regaining custody. When the only available housing was in Tacoma, she willingly traveled three times per week to continue her treatment. She has begun employment training through CPC’s Stepworks program. Ms. B. has become an inspiration for her peers, and is enthusiastic about recovery, parenting, and life.

*Volunteers prepare to start
the One Night Count from
Operation Nightwatch at 2 a.m.*



COMMITTEE TO END HOMELESSNESS IN KING COUNTY

On any given night in King County, more than 8,000 individuals are living in temporary housing, shelters or on the street. This total includes single adults and many families with children. An estimated 24,000 people in King County will experience homelessness at some point in the year.

In 2005, a dedicated group of people representing government, business, faith, social services, philanthropy, and more developed a Ten-Year Plan to End Homelessness in King County and established

the Committee to End Homeless in King County (CEHKC). Responsibility for staffing the CEHKC was delegated to King County and to DCHS. With funding provided by King County, the City of Seattle and United Way of King County, staff was hired to manage the committee work and begin implementation of the countywide plan.

This is not business as usual, but represents a truly regional effort to blend resources, embrace best and promising

practices, celebrate innovation, and change lives - one home at a time. The plan focuses on preventing homelessness whenever possible; creating permanent housing and the supportive services needed to stabilize and maintain individuals in their homes; and building the political and community will to believe and participate in the effort.

Successes are already being celebrated. Legislation passed by the State Legislature in 2006 and 2007 created

new fund sources to help implement local ten-year plans, and CEHKC staff and supporters worked hard to achieve their passage. New housing units opened in 2006 and more are moving into the pipeline. A combined Notice of Funding Availability for homeless housing conducted in 2006 offers a brilliant example of the commitment of the CEHKC to work together as partners to realize the goal of creating safe and affordable homes for those in need.

OFFICE OF THE PUBLIC DEFENDER

The right to legal representation when accused of a crime or faced with the loss of personal liberty, regardless of the defendants' ability to pay, is protected under the United States Constitution. The Office of the Public Defender (OPD) ensures access to fair,

defense services for all felonies and civil commitments in the county, all misdemeanors in unincorporated King County, and misdemeanor defense services for indigent residents of cities under contract to OPD.

OPD staff provides eligibility screenings

200 attorneys – the Associated Counsel for the Accused, Northwest Defenders Association, Society of Counsel Representing Accused Persons, and The Defender Association – and an assigned counsel panel of over 90 local attorneys. OPD administers contracts

CASE AREA	# SERVED	# CASES	\$ SPENT
Felony	9,506	11,007	\$16,935,084
Misdemeanor	8,200	8,544	\$ 3,669,867
Juvenile	4,021	4,928	\$ 2,674,560
Dependency	2,245	2,432	\$ 3,714,075
Becca	921	944	\$ 529,023
Contempt of Court	1,601	1,606	\$ 1,434,156
Involuntary Treatment	1,968	2,242	\$ 1,092,090
TOTALS	28,462	31,703	\$30,048,854

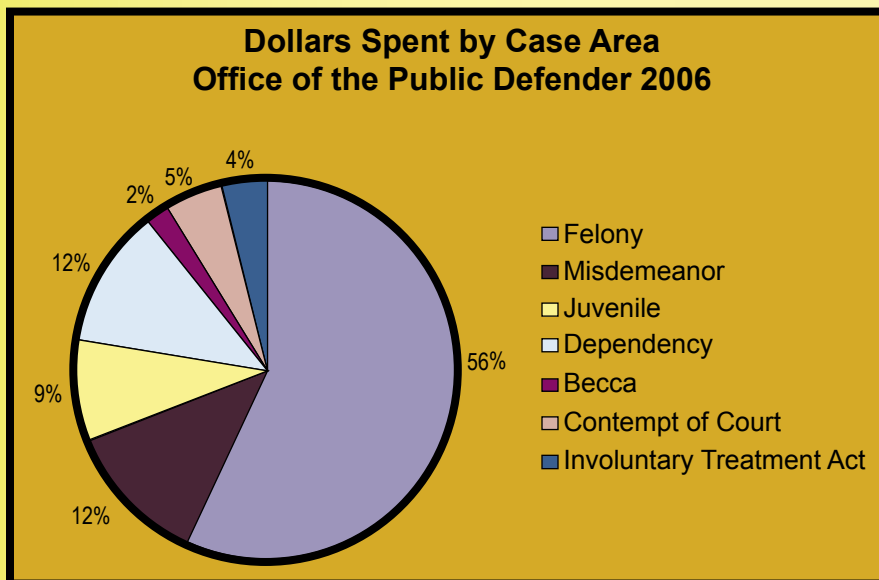
knowledgeable and effective legal defense for people with little or no income.

OPD manages one

five days at week at seven locations throughout King County. The majority of legal services

and monitors caseloads and case distribution and the quality of representation. In addition, the Office of the Public Defender manages the Expert Services Program, including psychiatric or psychological evaluations, expert witnesses, private investigation, and forensic evaluations as needed and approved on a case-by-case basis.

The largest number of cases handled by OPD are felonies, as shown in the chart. Felonies also represent the more expensive cases. The number of people served does not equal the total number of cases, as some clients had charges in more than one case area.



of the largest public defense systems of its kind in the nation, providing indigent

are provided via contracts with four local, non-profit law firms employing over

DEPARTMENT OF COMMUNITY AND HUMAN SERVICES

Jackie MacLean, Director
821 Second Avenue, Suite 600
Seattle, WA 98104
206-296-7689
www.metrokc.gov/dchs

COMMITTEE TO END HOMELESSNESS IN KING COUNTY

Bill Block, Project Director
206-205-5506
www.cehkc.org

COMMUNITY SERVICES DIVISION

Linda Peterson, Division Director
821 Second Avenue, Suite 500
Seattle, WA 98104
206-296-8661

DEVELOPMENTAL DISABILITIES DIVISION

Ray Jensen, Division Director
821 Second Avenue, Suite 400
Seattle, WA 98104
206-296-5214

MENTAL HEALTH, CHEMICAL ABUSE AND DEPENDENCY SERVICES DIVISION

Amnon Shoenfeld, Division Director
821 Second Avenue, Suite 610
Seattle, WA 98104
206-296-5213

OFFICE OF THE PUBLIC DEFENDER

V. David Hocraffer, Public Defender
123 - 3rd Avenue South, 4th Floor
Seattle, WA 98104
206-296-7662

DCHS is moving its offices in August 2006. Addresses and phone numbers will change. For assistance call King County information at 206-296-0100.

KING COUNTY EXECUTIVE

Ron Sims
206-296-4040
www.metrokc.gov/exec

KING COUNTY COUNCIL

Bob Ferguson, District 1
Larry Gossett, District 2
Kathy Lambert, District 3
Larry Phillips, District 4
Julia Patterson, District 5
Jane Hague, District 6
Pete von Reichbauer, District 7
Dow Constantine, District 8
Reagan Dunn, District 9
206-296-1000
www.metrokc.gov/mkcc



DCHS 2006 Annual Report
Sherry Hamilton, Editor
Bong Sto.Domingo, Design

About our Cover – Three friends share a moment together in a break from the day's activities. Photo courtesy Elder and Adult Day Services, Bellevue.

EARLY INTERVENTION STRATEGIES

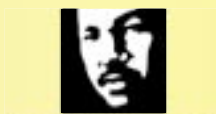
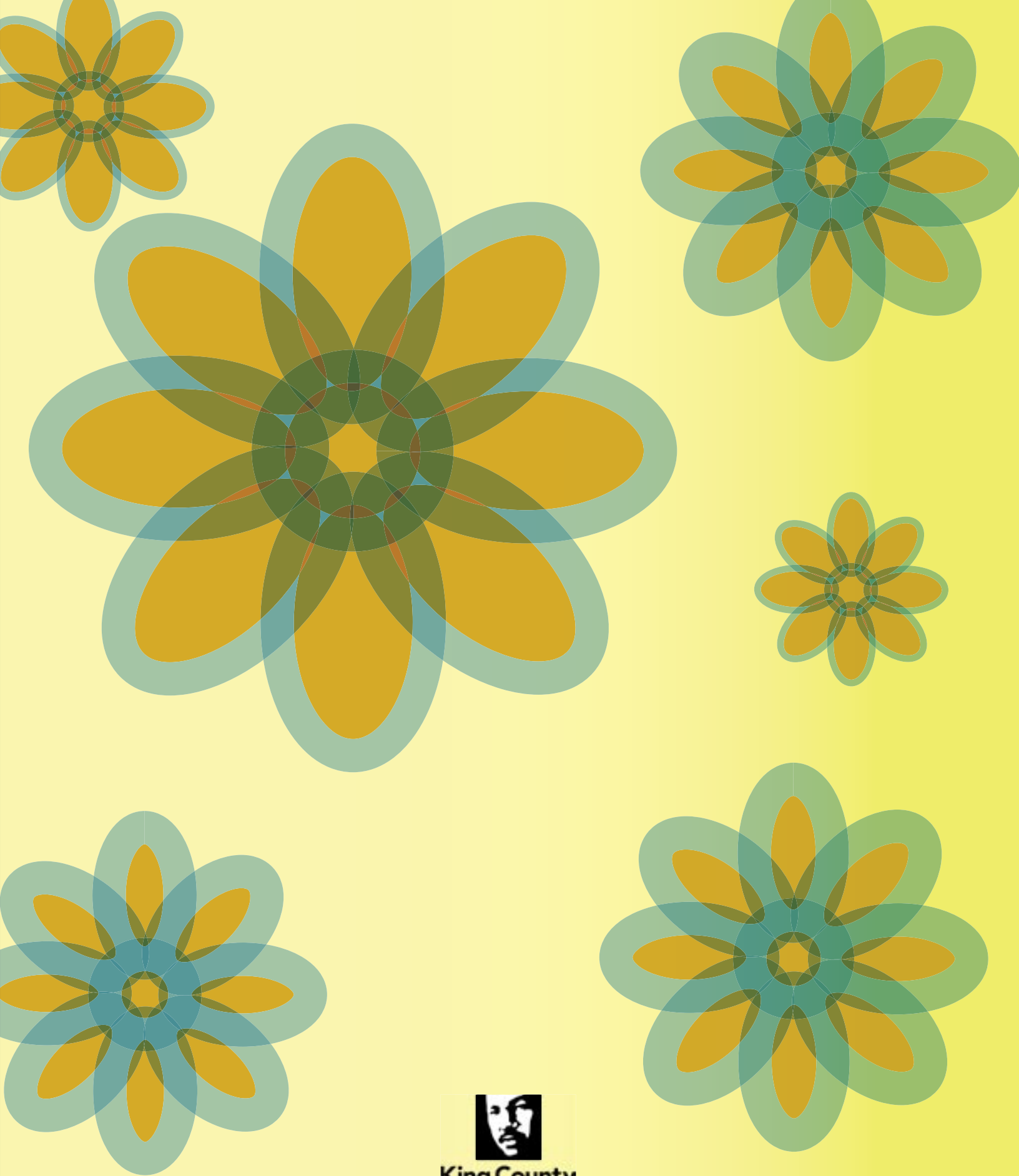
Circle-time in the toddler room at Northwest Center's Child Development Center was filled with wild drumming and lots of laughter. Right in the middle of this excitement was Spencer, enthusiastically playing the drums.

Spencer was born with severe health and physical disabilities that prevented him from keeping up with children his age. While his peers were moving from the daycare infant room to the toddler room, Spencer was to stay in the infant room because of his many challenges. His mother,



Jan, knew in her heart that Spencer needed to be with children his age. She heard about Northwest Center, where Early Intervention and Childcare staff combine their expertise so children with and without disabilities learn and play side by side.

Early Intervention Staff worked with Spencer's family in his home and in the Toddler Room to evaluate every day activities and make adaptations so Spencer could play alongside his friends. They built a special chair so Spencer could enjoy lunch and table top activities with the other children. His classmates went out of their way to make sure staff helped Spencer move with them to the next activity! Jan's hope: "There will be no mental or physical challenge that would prevent children of all ages and abilities to reach their full potential. Everyone is brought into our lives for a reason, to teach us and to bless us. Spencer was truly the greatest gift I have ever received. I sincerely thank the early intervention team for working so hard to help him reach his own potential."



King County

Alternate formats available.
206-296-7689 or TTY Relay 711